

## 8 - SPECIFIC INFORMATION

Master text

**EN:** The Personal Protective Equipment Category III **8C0.860 "UP"** and **8C0.861 "UP RING"** (Fig. 1) are:

- a sit harness suitable for creating fall protection systems in mountaineering, including rock climbing, while supporting a conscious person in a seated position;
- part of a system protecting against impact caused by fall from a height;
- certified according to EN 12277:2015 + A1:2018 type C and conform to UIAA 105:2018.

**Fig. 1 – Dressing** – First of all check the size, choosing the correct one for you (see SIZE table). To fit the harness correctly:

- loosen the tapes in the buckles (D);
- slip the legs in the belt (A) and the thigh loops (B);
- adjust the position of the harness;
- tighten the tapes of the belt (A) and the thigh loops (B).

**Fig. 2 – Size recommendation** – The buckles (D) and the belt (A) should be always above the ileum crest. The user should be able to shove 2 fingers between the belt (A), the thigh loops (B), and the body.

**Fig. 3 – Attachment point** – The ventral attachment point (C) of this device have been specially designed:

- it can be used as the traditional way, with the rope or the sling bypassing the textile ring;
- the textile ring can be used for direct or indirect connection of other devices;
- the attachment ring of the version 8C0.861 "UP RING" has been placed to ease the connection via lark's foot of slings.

**Compatibility** – This device has been designed to be used with:

- connectors according to EN12275;
- lanyards according to EN566;
- energy absorbers according to EN958;
- ropes according to EN892.

**Check before and after use** - Before and after use, make sure that the device is in an efficient condition and that it is working properly, in particular, check that:

- it is suitable for the intended use;
- has not been mechanically deformed;
- does not show cracks, wear, corrosion and oxidation;

- stitching are intact, and there are no cut or loose threads;
- buckles (A and B) function correctly (locking, adjusting and locking);
- textile parts do not have cuts, burns, chemical residues, excessive hair, wear, in particular check the areas in contact with metal components (buckles, attachment point, etc.);
- markings are legible.

Before use and in a position that is completely safe, on each occasion check that the device holds correctly by putting your weight on it. The device must feel comfortable and the adjustment elements shall always be in the correct range.

### Important:

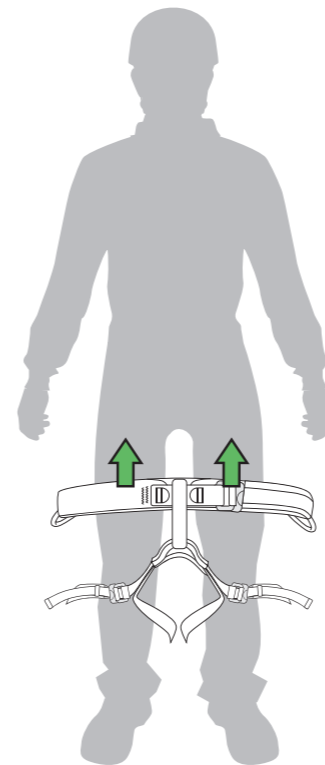
- the attachment elements on the belt (A) and the bridge between the thigh loops (B) must always be used together;
- when used in mountaineering tie on the rope to the attachment point with a figure-of-eight knot, tying on with one connector is forbidden, and even if strongly inadvisable, it is possible to tie on with two screw locking connectors counter positioned;
- this device is only a part of a system preventing/protecting against impact caused by fall from a height and therefore it shall be connected to other devices (i.e. shock absorber, ropes, etc.) in order to obtain a fall arrest system suitable to the situation and conform to current regulations;
- during use regularly check:
  - the fastening of the buckles (D);
  - if the device is undamaged.

### Warning:

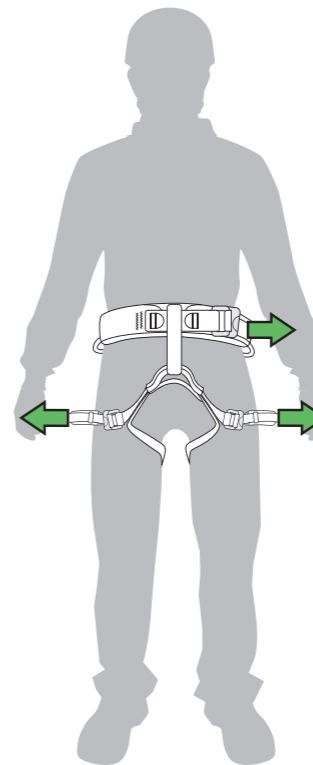
- **ventral attachment point (C) is not suitable to create EN363 fall arrest systems;**
- **improper fastening of the buckles (D) can lead to irreversible damage and fatal consequences;**
- **the system tied to the ventral attachment points (C) must always be taught or with a maximum slack of 0.6 meters;**
- **prolonged suspension on the harness, especially in motionless conditions, may cause harness hang syndrome (or suspension trauma) that can lead to loss of consciousness and even death.**

1

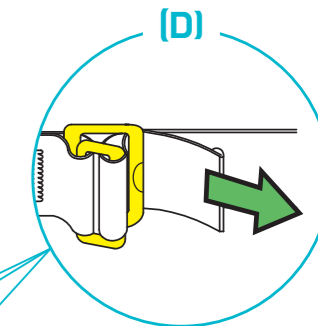
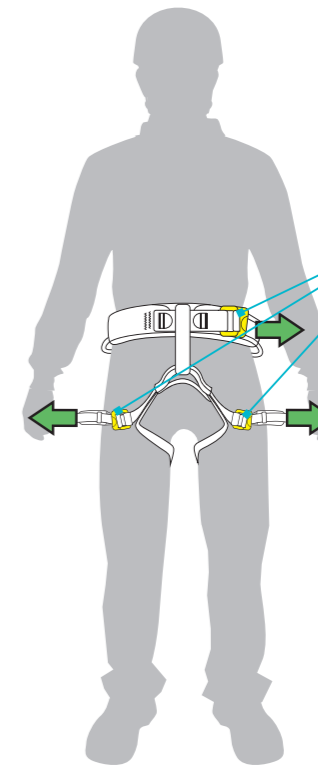
### DRESS UP



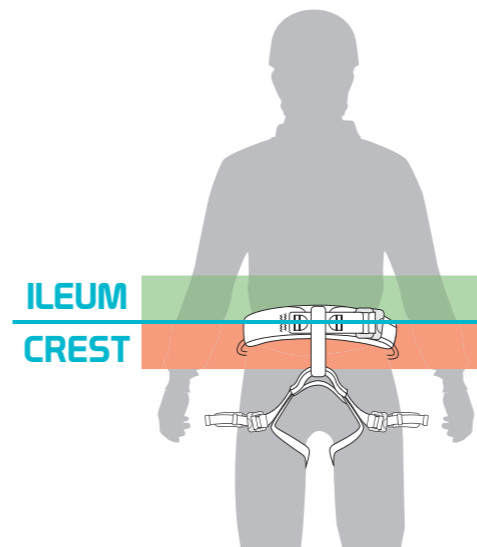
### TIGHTEN TAPES



### TIGHTEN BUCKLES



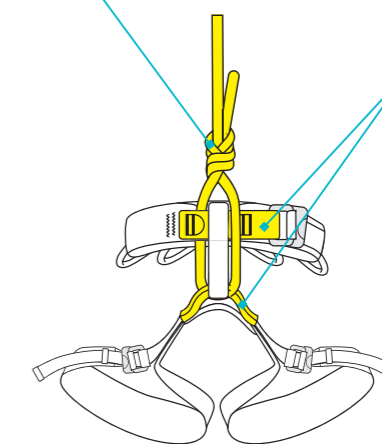
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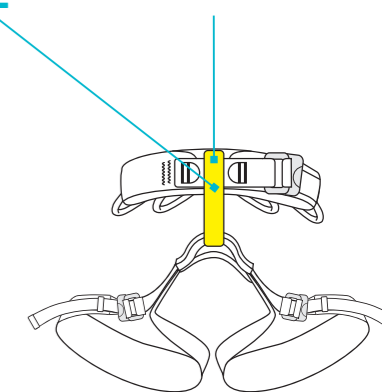
**CORRECT SIZE**  
**WRONG SIZE**

3

### FIGURE OF 8

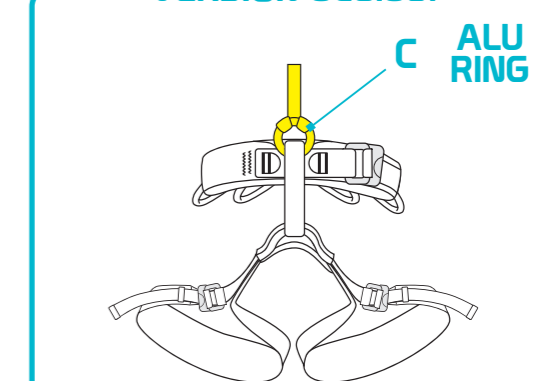


### ATTACHMENT POINT FOR DEVICES



MAKE A SUITABLE KNOT

### VERSION 8C0.861

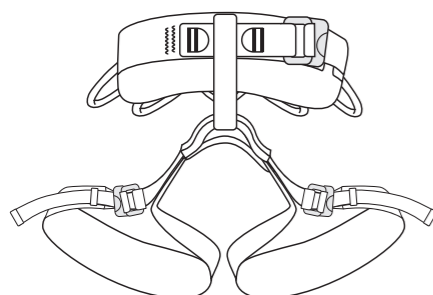


FRIEND OF LARK'S FOOT



UP

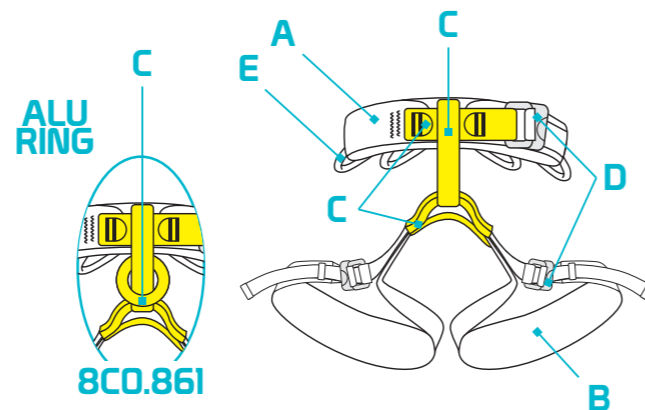
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**8C0.860 UP - 8C0.861 UP RING**  
**EN12277:2015 + A1:2018 type C**  
**UIAA 105:2018**

ZZV05526 rev.0

### NOMENCLATURE • NOMENCLATURA



**EN:** (A) Belt, (B) Thigh loops, (C) Attachment point, (D) Buckles, (E) Gear loops.  
Main textile material: polyester.  
Buckles material: coated carbon steel.  
Attachment ring in aluminium, only 8C0.861 "UP RING".  
**IT:** (A) Cintura, (B) Cosciali, (C) Punto di attacco, (D) Fibbie, (E) Portamateriali.  
Materiale tessile principale: poliestere.  
Materiale fibbie: acciaio al carbonio rivestito.  
Anello di fissaggio in alluminio, solo 8C0.861 «UP RING».  
**FR:** (A) Ceinture, (B) Boucles pour les cuisses, (C) Point d'attache, (D) Boucles, (E) Boucles d'équipement.  
Matériau textile principal : polyester.  
Matériau des boucles : acier au carbone revêtu.  
Anneau de fixation en aluminium, seulement pour le 8C0.861 «UP RING».  
**DE:** (A) Gürtel, (B) Schenkelschlaufen, (C) Befestigungspunkt, (D) Schnallen, (E) Materialschlaufen.  
Hauptsächliches Textilmaterial: Polyester.  
Material der Schnallen: beschichteter Kohlenstoffstahl.  
Befestigungsring aus Aluminium, nur 8C0.861 „UP RING“.  
**ES:** (A) Cinturón, (B) Perneras, (C) Punto de enganche, (D) Hebillas, (E) Portamateriales.  
Material textil principal: poliéster.  
Material de las hebillas: acero al carbono revestido.  
Anillo de enganche en aluminio, solo en 8C0.861 «UP RING».

### NOMENCLATURE • TERMINOLOGIE • NOMBRES

